



The

# BEAR TRIBUNE

News of the cosmos and elsewhere

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Beware: social consciousness!

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## Beware: social consciousness!

In the last issues, I referred to different factors indicating that we are going through a incredible transformation phase, characterized by a myriad of changes and adaptations leading to our emergence into a totally new reality. However, if one considers the outbreaks of ethnic hate and violence intensifying everywhere on the globe, the arrogance of the politicians, the unlimited greed of the great multinational corporations and the growing resignation of the populations in the North as well as in the South, one can wonder where this new reality is hiding, this era of peace and awakened consciousness that all the great spiritual teachers of history and of today have predicted for very soon.

What if we were completely out of our shoes, wounded idealists taking refuge in an impossible dream? Face the reality, for God's sake! You really need a reality-check! Just look at the newspapers!

So, I decided to explore the "reality" of 1999, without indulgence, to perform a sort of reality check.

How can it be that so little people are aware of the nature of the present changes? Why are we not talking about it in the newspapers and on the TV? What is the sense of this global neurosis, this military delirium, these

conflicts and this rampant misery? Why do we elect politicians that, in every country, have for unique program the reproduction of the known and the restriction? Why do we constantly repeat the same behaviors, ramble the same discourses, from the same wounded identities? Why all this material, social and psychic misery while at the same time, the craziest opportunities are here for the taking? In the first place, because our psychic atmosphere is polluted. We all breathe the same air, most of the time without even noticing it, despite the fact that it is absolutely vital. We call it atmosphere and move on.

With the same regularity and ignorance, we also breathe another sort of atmosphere - poisoned, this one: social consciousness, or collective consciousness. As long as we do not become aware of it, each breath imprisons us more tightly in conditions, proprieties and habits.

This social consciousness has become sticky, suffocating, oppressive and deadly.

Like a tank in which thousands of years of habits, fears and human limitations have piled up, the social consciousness has become a real open air garbage dump, an omnipresent smog permeated with the traumas of humankind. When I say it's a garbage dump, I choose my words, because there is nothing in social consciousness that is worth being kept.

An idea intervene: "Yet there is not only horrors in history! Many beings have expressed love! There should be some traces of that..." Certainly, but not in the social consciousness, because love and fear cannot coexist.

Like an FM radio station, social consciousness takes up a particular fre-

## Editorial

If you're reading these lines, you have already done the big jump: you ventured into the human experience of this end of the local Twentieth Century.

Back from exploration, many explorers have told us about the difficulties that they had to face during their recent sojourns - complications they were not at all prepared to deal with.

The situation is all the more preoccupying since some of them just lost themselves, and still others have simply forgotten that they are in expedition and are now convinced that they are only human beings.

You know it quite well, these explorations in heavy density provide an ideal field of experimentation to study the nature of awakened consciousness and develop one's creative capacities. However, the contents of social consciousness that permeate the planet today thwart considerably the emergence of these insights.

Obviously, each of our clients have the latitude to explore what she or he wants in his or her own way. Nevertheless, considered the number of reports we have received stressing the confusion and the difficulties inherent to the human

condition of this period, we have felt important to communicate you these - late - recommendations.

It is our wish that they will contribute to make your sojourn more enjoyable and productive.

Great Bear Travel Tours



## The BEAR TRIBUNE

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quency on the psychic radio band – a station terribly familiar... To make a striking shortcut, all the real spiritual teachings have had the same objective: let us change frequency, let go of channel-fear and tune on channellove. All human beings that reached awakening have "simply" succeeded in changing of psychic station, to extract themselves from the social consciousness and its distorting filters and narcotic effects, to finally emerge into a reality of love and unity.

Let's come back to our garbage dump, if you don't mind. We will take a moment to dig in the trash, to explore the marshes in which we flounder and, so often, in which we indulge. It is by becoming conscious that the will to change can emerge.

Like an FM radio, certain themes, musics and sounds are omnipresent. On the top of the hit parade since thousands of years, there is the recitative "I am only a poor mortal creature". This song is such a success that the major part of the philosophical, social and cultural expressions of humankind are directly inspired by it. In fact, "I am only a poor mortal creature" represent the axiom, the premier theorem that we try to verify, to prove through experience – by all possible means.

If one observe the great sociocultural human trends, one discovers that this axiom always constitute the fondation of society - only the expressions are changing from one people or circle to the other. With some variations, each system reinforces the condition of its members - poor mortal creatures. The capitalism is proud to dominate the Earth and its markets, concept that only wounded and vengeful creature can conceive. The communism is proud to put all creatures on an equal base with the help of a unique thought system, achievement that expresses a profound negation of spirit and reduces human reality to a herd of bags of skin. The religions are proud to have succeeded so well in subjecting the poor creatures to various version of a tyranic God (yet merciful if one is obedient ...). The philosophies speculate on the condition of the creature. The politic organize the exploitation of the creatures,

the medecine try to repare them. the syndicates defend the right of the creature to keep on being creatures, social services apply themselves to guarantee that the creature is poor indeed. Culture keep churning out the same stories on the condition of the creature. Les medias.... forget it! Even the best social and humanitarian initiatives aim at organizing (and make human) the life in "captivity" of the creature - and most of the time, end up with more emprisonment.

Channel-fear, our favorite FM radio, broadcast 24h/24, on the whole planet, every great theme dear to the poor human creature. Death, duality



of good and bad, praise of shrtage and mediocrity, dependance and lies get a constant advertisement. This frequency is so familiar that generally, we do no it must come directly into conflict with the prison, with the environment. That is, the mind wants to escape into an illusion, rather than face the suffering which will inevitably arise when it begins to question the values, the morality and the religion f the prison. So what matters is to come into conflict with the traditions and values of the society and religion in which you are caught, and not intellectualy escape into an ideal. When you begin to question these values, you begin to awaken that true intelligence which alone can solve the many human problems." Krishnamurti, Mexico, 1935 How are our ideals? Do we have the tendancy to fix or correct things, events, relationships and situations? Do we think there is a problem somewhere or in ourselves, and that it can be solved? Do we have problems with authorities, whatever they are, be it for an issue of obedience or disobedience?

Do we cultivate the idea that we can help others? Do we think we are here in a mission to save the world? Does duality still have its grip on ourselves? Is life a struggle, a fight for survival, in the level of the body as well as that of the soul? Are we making compromises to keep up appeareances, to not disturb the established order - even if it seems to lead us right to the precipice? In brief, do we still feel loyalty for channel-fear, this never ending din we learned to "love" since so long? This social consciousness is so reassuring, so familiar... And yet it s a prison for creatures sentenced for life emprisonment: everybody ends up dying.

So, are we completely out of our shoes, with our utopias of cosmic changeover - wounded idealists taking refuge in an impossible dream? I let each of you answer this question for him or herself; however, I wish to provide a few tracks for reflexion...

Track 1) Indeed, we have to face "reality". Not as a resignation, not as an act of surrender to social consciousness, but

to give urselvces the means to act in the "real". To make choices of life rather than choices of dreams. No dose of idealism will change our reality. Track 2) We are prisoners of a structure of consciousness, and the major part of our efforts and reflexions are integrated hear it anymore. It defines the content f our psyche, our erceptions, our beliefs, feed our emotional and mental bodies, shape our attitudes and institute our possibles.

In brief, channel-fear is the penitentiary frequency - a radio for the prisonniers, made by the prisonniers. If we want to escape and be free, it is essential to first understand that we are in prison and secondly, that everything we know is part of this penitentiary reality - our highest ideals included. Dream is not only tolerated, it is even encouraged - generally, idealists provoke little conflicts. "Your first concern is to become conscious of the prison; then you will see that your own thought is continually trying to avoid coming into conflict with the values of the prison. This escape creates ideals which, however beautiful, are but illusions. It is one of the tricks of the mind to

escape into an ideal, because if it does not escape, into this structure of consciousness. Since this structure determine our perceptions of ourselves and of the world, any attempt to escape from it with the help of the "methods" of the structure are doomed to failure, like if one tries to pull oneself up in the air.

Track 3) This structure of consciousness constrain us to see things in a fragmented way. Hypnotized by the appearances, we spend our time to fight in superficiality and miss the real "fight" - overcoming illusion and discovering a definition of oneself that comes from the depth of oneself, refusing to be defined by the circumstances, however wonderful they may be.

Track 4) Channel-fear is only a local radio station. Outside of the 66.6FM band, there is an infinity of other and more healthy and interesting frequencies. By the way, strange things are happening these days.

More and more people are anxious, and feel that something is happening, yet are not able to explain. It is like if the atmosphere is changing, like if a new air is pouring in and let them smell by contrast how the other one is tainted. Like if a new presence, still invisible yet vibrating with an extraordinary quality, is disrupting their muffled feeling of "reality" and as a consequence, disturb their daily grind.

There are crackles on the channel-fear band. Apparently, a new broadcasting station - channel-love arrived on the planet and is broadcasting at full power. It encroache on our favorite radio, invade the band of channel-fear and one picks up the two channels simultaneously. Obviously, it is upsetting, we were fully involved into this captivating story... And on top of that, the new station is channel-love - nothing better to activate our worse fears... We are in the process of loosing our familiar points of reference. So we try everything to find our dear frequency, we turn the antenna, we attempt to tune it a finely as possible, but nothing helps, our dear FM station has interferences. Gradually, we loose the signal of channel-fear.

Alain-Yan Mohr

## NEWS FROM HERE AND ELSEWHERE

### Happyness, a serious illness

Pure product of the social consciousness, this information sets a new standard of scientific stupidity. A very serious research published by the very serious magazine Journal of Medical Ethics by the very serious Professor Richard Bentall, psychologist of the very serious Liverpool University, suggests to include happiness in the list of mental diseases acknowledged by the American Psychiatric Association.

Happiness would be as harmful as schizophrenia, and would cause the same cognitive anomalies that the ones found with the persons suffering of a disruption of the central nervous system. Yet Richard Bentall comments that there's no reason to worry, because happiness is still an extremely rare illness.

### Only one Big Bang, this is outdated

In an article published in the Scientific American, Andrei Linde, physicist at Stanford, suggest the idea that the universe is self-reproducing, proposition which, if it is verified, would come to terms with the initial Big-Bang theory. According to Linde, the universe has developed in a succession of creative events. This would explain the paradox of the age of the stars that appeared when the spacial telescope Hubble took pictures of stars at the edge of our known universe and we discovered that they were younger than our sun... According to the Big Bang theory, the more a star is far from the center of the universe, the older it should be. This could also fit well with the informations from various sources, sometimes channeled, stating that a new universe is about to be born.

In its present state, the universe still offers us some surprises. Two articles in Le Temps have kept my attention; in the first, we learn how, for the first time, astrophysicists have succeeded to film a gamma burst coming from a distance of at least 9 billion light-years. One still cannot explain the origin of these explosions of an unimaginable violence, like if a star many times bigger than our sun would be instantaneously converted into pure radiation. Comment of an astronomer of the Geneva observatory: "If such an explosion would happen in the neighbourhood of the

Milky-Way, the luminosity in our galaxy would be so intense that the night would be turned into day. Besides the Big Bang, (he says...), no phenomena ever had such an amplitude.

The other article describes the discovery of the first solar system composed of several planets outside of our own solar system, in the Andromeda constellation. Without going into details, the experts suggest that this discovery lead them to think that the universe contains more celestial bodies similar to ours than we previously estimated. As a reminder, according to the latest estimations, our sun is part of the 200 billion stars of the Milky-Way; the Milky-Way being a galaxy among 80 billion others.

Where do you go for holidays, this year??

### It is never too late to have a happy childhood

Just out in English, The Indigo Children, author Lee Carroll, published at the same time than the book VII of Kryon, Letters from Home. The Indigo children explore the phenomena of today's children and the spiritual evolution they incarnate. Before diving into this book, one of these child shares her experiences and reflexions on the web. Have a look at [www.geocities.com/~galacticgirl](http://www.geocities.com/~galacticgirl)

### Swisscom investing in the Merkaba business?

I don't know if this is good news, but I found this add of the Swiss major telecom company in a magazine the other day.



Se déplacer à la vitesse de la lumière. Sans jamais perdre haleine.

## MOHR, MOHR & more news

Lots of interesting things have happened during this spring, to which some of you have participated. Thank.you!

End of February, Ananda came to give us some vertigo and a foretaste of the new universe. He talked about a lot of other things as well during four days. If you want to see the film again or if you did not participate but are interested, Marie-Noëlle have video tapes of a good part of the seminar. You can reach her at 0033/450 043-3600.

After the success of last autumn, Gary Smith and Haridas Melchizedek did a remarkable come-back mid-March, to give a Advanced Sacred Merkaba Activation Techniques Workshop, this time with French translation. Their Love and humor were also present.

And Easter was here, we did not expect it this year, hence tha fact we scheduled the DNA Activation seminar during the Easter week.end. Despite these hazards of a capricious space-time continuum, the week Robert gerard spent in Geneva was more than busy, and both the participants and Robert appreciated the experience. He would like to come back in autumn to give the same seminars and a more advanced certification training class for those who wish to invest time to perform DNA activations for others.



## Friend's schedule

### External Light in the Light of the Key of Enoch

J.J. Hurtak will be in Geneva June 25 to 27, 1999.

This year, he will talk about the laws and relationships between inner and outer realities. What we observe from the structure of the laws and principles of the external universe, from the formation of quasars in deep space to the relationships of the subatomic particles are but mirrors of the dynamics of experience of the layers of consciousness of soul and psyche of the cosmos.

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### Heart - Body - Soul Harmony

Many attitudes, memories, emotions and beliefs, many conditionings and stress - conscious and unconscious - cristallize into our energetic structure and in our subtle bodies, bloing the free flow of ur energy of Life, hindering the expression of our real self, our profound nature. The energetic harmonization and the memorial integration help to decristallise and free us from these obsructions in the subtle bodies, bringing about the healing of soul, mind and body.

Trainings, Workshops - Individual Sessions - Lectures.

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## Schedule

In the last issue, we introduced the multidimensional energy work of Carol Hathor and Cameron Dye, who come to you to give you treatments in their Light bodies.

The least we can say is that there was an interest! About 30 people have had sessions - or will have, because of they are overbooked. After the sessions, all those we have listened have reported subtle and profound changes in their psyche and in their relationship to the world.

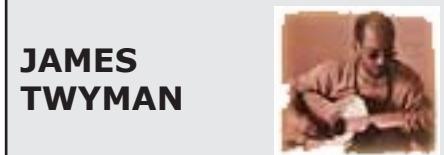
As we have mentionned, apart from individual sessions, Carol and Cameron want to transmit and share their knowledge to people already practicing in the field of healing. The idea to invite them in Geneva has taken shape: they will be in Geneva end of September to give (at least) a one week training seminar, intended in priority for healing "professionnels".

During 5 dense days, participants will have all opportunites to become familiar with these techniques. In the beginning, all the attachments and implants that are removed during an auric session will be reviewed, and each participant will be "scanned" to guarantee everybody in the class is free of all the above. Then all the procedures used in this energy work will be studied in great details, particularly when one has to treat with karmic issues.

The karmic issues of each participant will be brought to light and worked on by the whole group, in order to develop each participat experience. The participants will also experiment with remote auric clearing on voluntary clients, under supervision. And many other things...

Due to the nature of this work, Carol and Cameron do ot take more than six participants per seminar. For this reason, we consider organizing directly two seminars in a row.

The first one is a go: September 27 to October 1st, 1999. For more info, please contact us.



**JAMES TWYMAN**

The Peace troubadour just came back from Kosovo with a wonderful story, which he tells in his book that will be out beginning 2000. Since the message is so important and cannot wait, Twman decided to distribute a non-edited vesion for free un the net. It is really worth downloading and reading!  
[www.worldpuja.com](http://www.worldpuja.com)