



The

# BEAR TRIBUNE

News from the cosmos and elsewhere

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## Edito

Did you notice?

There's plenty of anomalies. Time acts crazy, like a compass near a magnet. On the calendar, days follow each other in good order, yet in the experience, it has another substance. You can manage your schedule as you want, the days fly away ever faster. Weeks scroll in fast forward.

Events are behaving in a strange way. America and the enraged of Allah prepare their great evangelical attacks, the deadly ping-pong goes on in Middle East, terrorist acts multiply. Monumental bankrupts follow each other. One thinks "here we go, Armageddon is on stage, the economy will collapse. Yet curiously, the events stay in suspension...

Our daily life is also becoming strange. Below the reassuring layer of our reasoning mind, the experience of reality is changing its texture. The relationship with the "real" is getting cottony, the involvement weaker. An aspect of ourselves is already someplace else.

We are loosing our belief in this world!

The veil of illusion dissolves, as fast as we can stand it. Not so long ago, we were entranced in the movie "An incarnation on planet Earth", but the spell is loosing its grip. Progressively, we discover the screen, the movie theater. Rapidly, the movie is loosing its interest, attention moves to other concerns. Sequence after sequence, un a corner of our mind, one realises that all of this is simply a construct. The spell is broken. The grand transformation has begun.

This Bear Tribune is dedicated to these changes. I try to explain the nature and the effects of this transformation. I explore the possible evolution of events and offer some suggestions to enjoy – as far as one can – this process. Finally, I introduce a series of services and activities to facilitate this transformation.

Alain-Yan Mohr

## The great move has begun

Before jumping in the heat of the subject, I feel it is important to stress a few points. In this article, I explore certain phenomenon that the reasoning mind rejects to guarantee its survival. We have learned to set the control center of our life on an intellectual level. Our emotions and intuitions are tolerated into the consciousness as long as they remain subordinated to the rationale. Just open your newspaper and you will see it displayed: the world is gangrened by ideologies, the concepts of profit impoverish the populations, the stereotypes suck the blood from the human soul.

For our current intellectual mind, the transformation that has started to shake mankind represents a real coup d'Etat. The fortress of the rational mind is threatened.

Consequently, as you read this article, I suggest that you remain particularly watchful to your feelings and intuitions. Observe your insights as well as your reflexes of denial. Then, draw your conclusions. Did you say bizarre?

Even if all are not ready to recognise it, a majority of people feel that something is changing. Something deep, intangible, something that escapes the rational mind. The texture of reality is not the same. Some moments stretch indefinitely, others vanish instantly. The events take on an aura of irreality. Certitudes change into probabilities. The future becomes blurred.

Relationships fluctuate, flare up or deflate. Self images turn like a carousel - multiple facets of a multidimensional kaleidoscope. Psychological frames of reference crumble.

Lighten up by another source of light, our values seem uncomplete, insufficient or absurd. Waves of delusion crosses the mind, leaving into the consciousness a meerschaum of resignation.

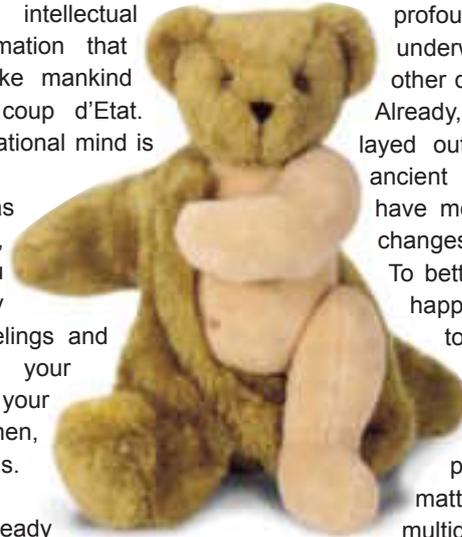
These phenomenas are taking place in a deep level of the being – a level that is both the source and the foundation of the rational mind. Isolated into its bastion, the intellect cannot admit this idea without also recognising that it has very little overall control : its dictatorship stops at the walls of its s'arrête aux murs de sa fortress.

The great move has begun

Added, these anomalies show that a profound transformation is underway. The move towards other dimensions has begun. Already, the reality that we had layed out is dissolving. Since ancient times, all cultures have mentionned this coming changes.

To better understand what is happening, it is necessary to reformulate the context in which we understand our existence : we are pure spirit exploring matter. Our nature is multidimensional. We simultaneously live in many times and places.

In order to illustrate this idea, every day, each of us experiences different realities: a family life, a professional life, a social life. It doesn't come to our mind to deny the existence of our family while we are at work. However, this is exactly what happens when we answer the question "Who am I?": the rational mind restricts its conception of existence to its own limits. The anomalies I was mentionning before are the first effects of transformation :





the compartmentalisation is dissolving gradually. The partitions that separated the intellect from the other aspects of consciousness are rubbed out. The human being progressively reconnect with its multidimensionality, find back what he or she had never lost: its grandeur and immortality.

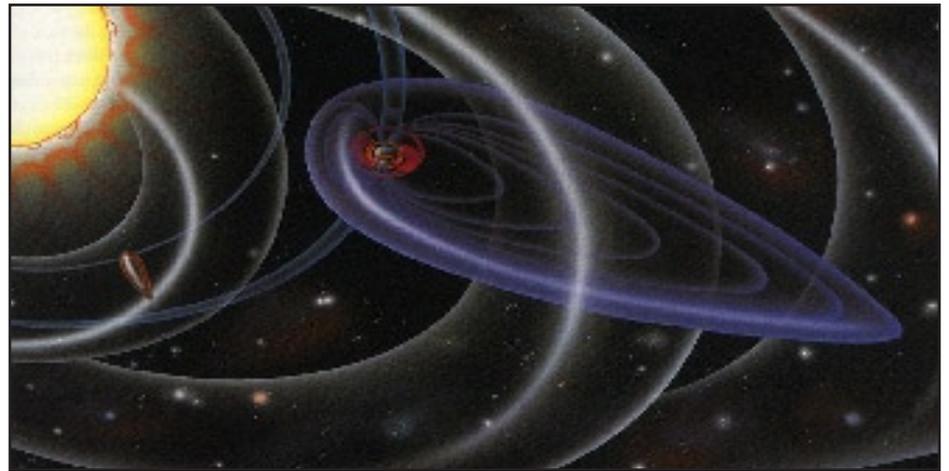
At this point, the notion of magnetic grid shift announced by Kryon and others takes on a new meaning. As a reminder, Kryon describes how in 1987, mankind chose to move on to a new step of its evolution. This decision implied the replacement of the planetary magnetic grid.

A magnetic grid acts like a fundamental set of instructions that regulate the functioning of consciousness. If the old grid kept in place the illusion of separation, the game of karma and its incarnational cycle, the new grid frees us from all these conditions.

This is a fundamental change of instructions. Thousands years old limitations are erased. Everything that has been constructed around these limitations is to be questioned – and to begin with, our notions of life and death. The frame on which we weave the understanding of ourselves and the world is crumbling away.

Little by little, the most seductive things become insipid. The most intoxicating good fights seem futile. The good old dramas loose their interest. Without the habitual grid to hang on to, attention frees itself from this world; gradually, one stops to believe in it. Gradually, it disappears.

According to recent news, the new magnetic grid will be fully effective at springtime 2003. Yet, since most human being totally ignore the existence of this new frame of reference and have never experienced it, this phenomenon creates a feeling of being suspended in the void.



#### Panic in Mortal City

If the gap between this reality change and the 20 hour news is considerable, it can be explained very simply. Examples abound in history : the more the belief systems and their societies crumble down, the more the fanaticism intensifies.

The psychoridity of the american government or of the muslim extremists constitutes a magisterial illustration of the agony of the values on which they are based. Terrorism is a desperate attempt to hang on to the known.

Yet fanaticism is not limited to the folly of certain governments or some kamikazes. Most of the populations show an immoderate ardency for the beliefs or their respective cultures. The western world consumes always more fantasm, products and drugs. One has to profit from the situation before it ends.

On the economical level, signs of the drying up of the old paradigm are particularly shocking : the world is living on credit since the end of the eighties! In other terms, since this time, there has not been any creation of wealth.

To survive, economy has mutated into a parasite of the community. Speculation and credit have taken incalculable proportions. The infernal machine being launched, one had to tamper with the accounts in order to keep the shares high...

Since a year or two, gigantic bankruptcies follow each other and one discovers the magnitude of the damages. While the third world is bloodless, the billions evaporate. The money that so many people have laboured to make in order to survive has lost all form of reality.

If the establishment refuses to recognise the facts overtly, the collective consciousness is vomiting them on the

world movie screens: end of the world, signs of extraterrestrial invasion, matrix emprisonning mankind...

The people's trust towards the system must be quite weak, given the enormous budgets invested into these safety valves. Acceleration of the process

An atmosphere of rupture distresses the scientific community. Payed by the governments and muzzled by non-disclosure contracts, some researchers promote tranquilising, or even anaesthetising discourses on the state of the world. Yet many others refuse to lie any longer and use a completely different language. Their discoveries are amazing.

The present transformation not only affect the little bulb of our rational world. In a recent report, Dr. Alexey Dmitriev and his colleagues of the Russian Academy of Sciences affirm that the entirety of the solar system has started to change in a totally unpredictable way. They explain that we have arrived into a different area of space where the energy level is much higher.

Dr. Dmitriev says that unprecedented changes have been observed in space. First, the solar activity has never been so important. In a few years, the heliosphere – the magnetic trail behind the magnetic field of the sun – increased by 1000%. Russians stress that these modifications change the way the planets fuction and the types of life forms they can host. Unable to explain this phenomenon, they observe that even the DNA spiral is undergoing changes. According to the Russians, the constant expansion of the heliosphere will catapult us into a new level of energy. There will probably be a sudden expansion of the harmonic wavelengths sent out by the sun; the increase of the energy emission will modify the fundamental





nature of the whole matter of the solar system.

The information gathered by Dmitriev and his team are rather fantastic: for example, the atmosphere of five planets and of the Moon is changing. In 1969, when the first man walked on our satellite, there was no atmosphere. Since then, the Moon has developed one, made of sodium and 6000 km high. On Earth, in the upper layers of the atmosphere, one can notice the formation of hydrogen and oxygen that weren't there before. The martian atmosphere is getting denser. The atmospheres of Jupiter, Uranus and Neptune also undergo modifications.

The luminosity of the stars changes. Venus, Uranus and Neptune are getting brighter. The energy charge of Jupiter has increased so much that a ionised tube of radiation formed between its surface and its moon Io. The magnetic field of Jupiter has more than doubled; those of Uranus and Neptune also increase. It seems that the magnetic poles of Uranus and Neptune have shifted.

And for our planet earth, the figures reported by Dmitriev are also surprising. The global volcanic activity has increased of 400% since 1973. Natural disasters have increased of 410% between 1963 and 1993.

We could go on a stack up concordant data indicating that a transformation of a cosmic order is underway. Yet for now, let us try to see what will be the implications of these events in our daily life and near future.

Do you believe in this whole story?

Let's make it clear: I do not ask you to believe me. However, I do take the time to share these ideas, in order to make you think. I want to challenge your understanding.

In the coming years, your psychic balance will for a great part depend on the position you will have taken concerning this information.

indeed, the blind loyalty towards a decaying system may well be a painful experience. Yet above all, with the intensification of the energies and the



disappearance of limitations related to the old grid, the contents of the psyche is also undergoing an important acceleration. Consequently, maintaining beliefs and identities related to the «previous regime» will prove to be always more traumatising. This is where things get complicated: most of the now toxic beliefs and identities are the foundations of our dying civilisation.

Who are you today, in this world where individuals are lied to by governments, abused by the economy and immolated by the ideologies?

What amount of credit do you still give to authorities – may they be religious or civil – and to the beliefs at the root of their existence? What do you still expect of this old world?

And even more, which ideas do you still hold about yourself?

To which identities are you holding on to? Which form of relationship do you have with All that Is and how do you envision to evolve into this relationship?

In my opinion, it is important to not underestimate these questions.

For centuries of religious indoctrination, we have swallowed down pernicious beliefs about «God». We still carry the stigmas of this masochistic relationship. Our individual and collective behaviors are directly derived from them.

Since the collective consciousness have a sense of the nature and outcome of the current events, our near future may well look like a rollercoaster. The notion of redemption is intimately associated to that of the redeeming of sins: how many catastrophes are we still going to wreak upon ourselves before accepting this emancipation?

Some free previsions

When performing any future forecast, specialists and politicians of all fealty make linear extrapolations of current tendencies. As a result, we are flooded with a mixture of pessimism and empty promises à la méthode Coué that cannot mask the ignorance of their authors.

In other terms, the managers of the fortress show that they are incapable to

imagine a future outside of the walls of the castle their control.

This does explain the increasing gap that is forming between the official forecasts and the scenarios based on holistic thinking – on an approach that takes into account all aspects of the human being, of his story and of his myths. As I do not have any trust in official forecasts anymore, I have decided to explore other probable scenarios.

The next decade will be disconcerting. Events that do not fit into the framework of the rational mind will turn the ordinary life upside down : for some time, laws of different dimensions will coexist. The texture of reality will oscillate between wake up and dream states; events will be much more malleable and changing.

The delay between imagination and manifestation will evaporate, giving rise to unbelievable projections. The perception of space-time, of the physical body and of emotions will transform, causing unexplainable disorders and healings.

Finally, the next ten years will be exalting. Be it called ascension, nirvana, bodhi or satori, a major step of our immemorial spiritual quest will be accomplished. Once the eternity is unlocked, new adventures will appear at the horizon, with new partners...

Yet before that...

And at the collective level, what is in store for the next decade? Making factual forecasts is meaningless, given the number of interests and factors in interaction. Furthermore, with the increase in the energy levels, «reality» undergoes a metamorphosis: our conception of the world in the present moment overflows on the past and the future and constantly changes the parameters...

However, based on the present state of the world, one can risk some projections, have a feel of the way things go develop. The way the situation will evolve will mainly depend on the choices made by the collective consciousness – on our choices.

Early 2003. A few barons of finance own the planet; they infiltrate all governments,



orchestrate the international politics, control the ups and downs of the stock market and the information channels. Yet they are worried: if the vast majority of people are enslaved, more and more people begin to resist to the hypnosis.

So they tighten up the net: inflation, bankruptcies, conflicts, nationalistic or religious exacerbation, disinformation, accrued control and discount sex.

This game will go on for some years. «They» are the exteriorised face of our feeling of powerlessness, of our greed and of our patterns of victims.

As long as mankind will hang on to its martyr habits, «they» will accentuate the pressure.

However, despite a succession of tragic events caused by the world elite and by the wincing of a mutating Earth, for me, the probabilities of planetary scale catastrophies are almost null. On a more subtle level, humanity has made other choices and benefits from powerful support of the higher dimensions. The convulsions will remain limited in order not to threaten the overall transformation process.

According to Kryon, the new magnetic grid will be functional in the spring 2003. From then on, initiatives in resonance with this new «operating system» will prosper. On the other hand, the old patterns will face a growing resistance; one will have to spend always more energy to keep them alive.

Around 2008, the last bastions of the old system should crumble down. On the social and cultural levels, all sorts of deliriums could bubble up (one can already see their emergence) each one trying to find a form of balance in his or her own doctrine.

For instance, much information related to the «end of times» describe a vast plan of salvation of mankind with fleets of extraterrestrial ships or angelical armies. For me, this scenario shows a severe lack of multidimensionality. Why putting up such a plan since the process itself is leading to ascension? What would they come to save? Our tri-dimensional bodies and our possessions?

I rather have the feeling that a happy reception committee is waiting us on the upper stairs.

Anyway, in the next coming years, our

multidimensional nature will reveal itself always more. Contacts with other dimensions will intensify.

Depending on the state of awakening of the collective consciousness, one can very well imagine that our extraterrestrial (or extradimensionnal) extended family could openly bring us a logistic and therapeutic support.

And when we will arrive at the end of the cycle, end 2012, what will happen? Again, it depends for a great part on the way we will experiment the next years. A simple image: how do you feel when you suddenly wake up from a particularly intense nightmare?

Provisory conclusion

The implications of the transformation that is underway goes beyond our present understanding. It involves the Earth in all its forms and species, the solar system and, thinking holographically, the universe(s) as a whole.

If we are here today, it is because we have made the choice to participate to this adventure. The «anomalies» I talked about in the early part of this article will intensify. All certitudes related to our mortal identities will fly into pieces.

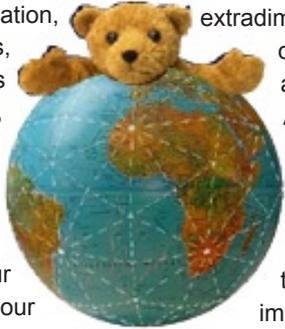
It doesn't mean that everything will disappear. That one has to make penitence and wait for the end. Simply, the illusion will evaporate; the lies and the falsities will end. Cleared of distortions, our qualities, our particularities, our projects and our activities will be translated on new octaves.

For the present, I think it is of major importance to inform people on the nature and scope of these changes – and to propose ways of helping them assume their parts in this process of transformation. This is the goal of the activities I have developed and that I introduce briefly below.

From now on, we work without safety net.  
Alain-Yan Mohr

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#### News from Mohr, Mohr & more

For us too, things are moving. Since this autumn, Alain-Yan develops a series of activities and services to help individuals and companies / organisations to deal with the transformation.

Titled «Preparing the future», the seminars are available in 3 formats: an introduction day to inform on the current changes; an intensive week-end to approach transformation from a more experimental angle and 7+1, a series of week-ends that bring participants into the depths of the mutation process.

The coaching is another aspect of these services; it proposes individual sessions to facilitate individual changes.

Finally, the consulting aspect is aimed at companies and organisations; mainly based on change management and prospective, the goal of these services is to prepare the collective structures to deal with the current and coming changes in the best possible conditions.

These various activities will start early 2003.

Our Bed & Breakfast is always as cosy, and ready to welcome you...



April 19 to 20 2003, Lee Caroll, Jan Tober, Robert Coxon, Peggy Dubro and Todd Ovokaitis will be in Bern for a two days workshop with Kryon, on the theme «A message of hope and love».

April 21, a special day «Indigo children» will be facilitated by Lee Caroll, Jan Tober, Carolina Hehenkamp, Jennifer Buhl and Ludwig Koneberg.

Info and registration:  
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